

Issue Date 26 March 2024

# Term 1, Week 9, Issue #16 2024

## Important Dates

Good Friday -Public Holiday Friday 29 March 2024

Parent Teacher Interviews Monday 8 April 2024 Easter Sunday Sunday 31 March 2024

Term 1 Concludes 12:30 Finish Sunday 14 April 2024 Easter Monday -Public Holiday Monday 1 April 2024 SAPSASA Athletics Carnival Tuesday 2 April 2024

## **Upcoming Events**

Sports Day Date: Friday 5 April

## From the Leadership Team



Last week we had the opportunity to celebrate Harmony Week and this was also an opportunity to highlight the wonderful diversity we have here at Catherine McAuley School. This is a week across Australia where we are able to embrace cultural diversity and share what we all have in common.

Students were provided with the opportunity to engage in a wide range of activities throughout the week which encouraged them to think about all the wonderful things we can do to make everyone feel included and valued.

Students and Families were able to identify where their families originated and this highlighted the many parts of the world that our families represent.

Kindness is something that we are all able to give to someone else and is a big part of the message given throughout Harmony Week. Students and families created a mural outside the office which represented all the ways in which we are able to say hello and welcome to others in a range of languages. Saying a simple hello or welcome to someone could be the small act of kindness that could change someone's day.

Thursday was Funky Sock Day, and it was great to see everyone wearing their favourite funky socks to support World Down Syndrome Day. Just another way in which diversity and inclusion is celebrated at Catherine McAuley School.

We ended the week with messages of kindness around the school as well as a sea of orange on Friday for the final day of Harmony Week.

Thank You to all staff, students and families for their active involvement in Harmony Week 2024. At Catherine McAuley, we pride ourselves on providing an inclusive, supportive and kind environment where diversity and cultural diversity is celebrated.

Yours in Faith, Growth and Unity

Leadership Team

Harmony Week 2024





## Leadership Presentation

Recently we celebrated all of our Catherine McAuley Mercy Leaders, Sports Captains and Semester 1 Student Leaders. Student leaders shine as beacons of inspiration, fostering unity, innovation, and positive change within our school community.



## Year 6 Unit

What a very busy start we have had to Term 1! Our highlights include, but are not limited to:

- Leadership Day where we shared our beliefs and understood what it means to be a leader at Catherine McAuley School while developing teamwork skills.
- Shrove Tuesday and the delicious pancakes!
- Finally getting our treasured Year 6 jumpers.
- Using a range of Digital Technologies including the Drones.
- Celebrating Harmony Day, remembering the importance of everyone feeling loved, celebrated and safe, regardless of our differences.

Now, we're wrapping up our time at camp and we can't wait to share our amazing experience with you, but first, we need some sleep and time to recover!





## From the APRIM

## **FROM THE APRIM** *Maria Girolamo-Corbo*



### Holy Week

Blessings All, I hope you are all travelling well during this festive season of preparing for the Resurrection of our Jesus Christ, King of Kings.

This week as a school community we have acknowledged Holy Week and the Easter Triduum, the most sacred period in the Catholic Liturgical Calendar. While it is the most sacred it is also the most dramatic week, starting with a hero's welcome for Jesus arriving in Jerusalem, known as Palm Sunday, and ending only a week later with those same excited crowds chanting 'Crucify him' and insisting on Jesus being sentenced to death, we know as Good Friday. Jesus' death on the cross, we know, is not final. Two days later, his followers discover an empty tomb, and encounter the Risen Lord on Easter Sunday or Resurrection Sunday.

As such, we have marked a few sacred and significant moments of Holy Week through our prayer and liturgy services at Catherine McAuley this week. During Monday morning prayer, Mr Hill's Year 4E class acknowledged Palm Sunday and performed a re - enactment of the Last Supper. On Holy Thursday, Mr Zoccali, and Mrs Kenyon/Ms Norris-Ruiz Year 5s with the Guidance of Mrs Pollard presented the Stations of the Cross, a solemn and moving re-enactment.

You are all welcome to attend our Easter Liturgy celebrating the Resurrection of our Lord Jesus Christ on the 2<sup>nd</sup> of April, Tuesday Morning Prayer, presented by our Mercy Leaders.

"I know that he will rise again in the resurrection on the last day." John 11:24

### **Mercy Leaders**

This week on Tuesday, we presented to the school community the Student Leaders of 2024, it is with great pleasure and honour I present the Mercy Leaders of 2024.

Lachlan Blanchard, Indy Bromilow, Aishah Bryan, Grace Davies, Mason Field, Mackenzie Hale, Jacinta Halls, Alisha Holland, Abiel Muzanamombe, Amelia Nuttall, Liam Rowen, Acacia Walkington, and Isla Winterbotham.

I am looking forward to continuing working with this vibrant and keen group of students. As a group, the Mercy Leaders are looking at assisting with school programs, maintaining ecological sustainability within the school and local environment, and are aiming to connect with the wider school community.

### **Project Compassion**

Please continue to support our two fundraising activities for **Caritas - Project Compassion**. Keep bringing recycle plastic bottles or cans in your child's/children House bin. Secondly, please donate what you can to your child's/children project compassion donation boxes in the classrooms. Thank you to all who have already donated. The last week of Project Compassion fundraising programs is week 11 of this Term.

### **Class Visits to St Ann Parish Church**

Please come along and support your children when their class are hosting the Friday morning Mass at St Ann Parish Church. Our next visit is on the 12<sup>th</sup> of April with the Year 5M students.

### **Easter Prayer and Blessing**

I would like to conclude with an Easter Prayer,

Dear God,

Who through your only-begotten Son Jesus Christ overcame death and opened to us the gate of everlasting life.

Grant that we, who celebrate with joy the day of the Lord's resurrection, may be raised from the death of sin by your life-giving Spirit.

Amen

I hope you all have a safe and peaceful Easter, with your family and friends.

Blessings,

### Maria Girolamo-Corbo

Assistant Principal in Religious Identity and Mission



# Anzac Day



On 25 April 1915, members of the Australian and New Zealand Army Corps landed at Gallipoli. On the anniversary of this day each year, we come together to honour the service and sacrifice of all our veterans

ANZAC Day will be commemorated during these school holidays. There are many things you can do to remember our heroes both past and present. The Department of Veterans Affairs have a wonderful website with facts about our history, Veterans' stories and interactive games and activities for all ages.

Take the time to visit the website here: https://anzacportal.dva.gov.au/

We also have many Military Museums here in SA. We have the Army Museum of South Australia at Keswick Barracks, the National Military vehicle Museum located at Edinburgh, the Maritime Museum and the South Australia Aviation Museum both located in Port Adelaide.

Each of these Museums have hands on exhibits and provide many things to see for all ages.

They are certainly worth the visit!

Have a lovely school holiday break and I will see you all back in Term 2.

Yours in Faith, Growth and Unity,

Jacqui Langstreth Defence Mentor jlangstreth@cms.catholic.edu.au Anzac Portal

Lest we forget

## ANZAC BISCUITS

### Ingredients:

- 1 cup rolled oats
- 1 cup plain flour
- 1 cup brown sugar
- 1 cup coconut

125g butter 2 tbsp. golden syrup 2 tbsp. hot water 1 tsp bicarb soda

### Method

- 1. Preheat oven to 180°C.
- 2. Mix together oats, flour, sugar and coconut in a bowl.
- 3. Melt butter and syrup in saucepan over medium heat.
- 4. Mix bicarb soda with hot water and add to saucepan. (mixture will foam up)
- 5. Add liquid mixture to dry ingredients and mix well.
- 6. Put teaspoons of mixture 5cm apart onto a greased oven tray.
- 7. Cook for approx. 15mins. Biscuits will spread during cooking. Cool on tray



On Friday 5th April Catherine McAuley School will celebrate Sports Day starting at 9:10am. All children have been allocated to their team colours: John Smith (Gold), Mercy (Navy), Harley (Maroon) and John Coolock (White) will gather to contest the Sports Day Shield and Spirit Cup. Students are to arrive at school at the normal time.

The Parents & Friends (P&F) group will once again be providing a **sausage sizzle lunch**, student pre-orders will be necessary. Preorders can be made on the **Qkr!** app under School Payments > Events. Pre-orders close 3pm Tuesday 2nd April.

Parents, family members and friends are invited to join us for the day. A sausage sizzle and drinks will be available for sale during the day for parents and visitors (no pre-orders are required for parents and visitors).

### The front office will be closed all day from 9:30am Friday morning.

Please discuss with your child, pickup arrangements for sports day prior to coming to school.

All early student departures will be processed via the class teacher and all parents must inform the classroom teacher, so they can be marked off the class attendance list.

All access for Sports Day will be via Adams Road, the back gate will close at 9:30am and reopen at 2:30pm.

Please click here to download the Sports Day Program Booklet for more information on activities, maps and schedules.

## The Southern Cross

The latest edition of The Southern Cross can be found here.

## Teaching Your Child to Manage ⇒ Screen Time Independently €

When your child seems to want a lot of screen time, it's important to start good habits early. Here's how you can empower your child to manage their own screen time effectively:

### **Talk About Our Limited Time:**

Sit down with your child and discuss how much time they spend on screens. Make a list together of other fun things they like to do. Help them see that too much screen time can take away from these other activities.

### **Discuss Screen Influence:**

Explain to your child that apps, websites, and shows are made to keep them interested. Tell them how these companies make money when they use their stuff a lot. This can help them make smarter choices.

### **Set Limits Together:**

Ask your child how much screen time they think is fair each day. Let them help decide the limit. They might surprise you and suggest a good balance!



### **Use Tools:**

Decide together how you'll keep track of screen time, like using a timer or a separate tracker. If they have trouble sticking to the limit, talk about it again. This helps them understand that this topic can be ongoing until you find a solution that works for both sides.

### **Encourage Independence:**

As they get older, let your child be in charge of their screen time. When the time is up, trust them to stop without reminders. This helps them learn to be responsible.

By involving your child in these decisions, you teach them important skills like managing time and setting limits. They'll learn to balance screen time with other activities to create healthier habits for the future.

Source: Nir Eyal, an instructor at Stanford University

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