



Important Dates

**Children's
University
Graduation
Ceremony**

Friday 3 November 2023

**Campus
Remembrance Day
Assembly**

Friday 10 November 2023

**Catherine McAuley
Feast Day**

Sunday 12 November 2023

School Concert

Wednesday 15 November
2023

From The Leadership Team

It's hard to believe that we are in Term 4 already!

We would like to introduce you to some new staff members that have started this Term.

Mr Anthony Elmassih, our new Youth Worker, is joining our Student Wellbeing Team and Mrs Claire Bugeja is helping support students with their learning in class. Ms Deb Goode has also joined the team as our Finance Officer, supporting the work of the Business Manager. We welcome Anthony, Claire and Deb and thank them for the contributions they are making already to enhancing the support we can provide to our students and families.

We are excited to announce the safe arrival of Mrs Thorvaldsson's and Ms Connelly's babies. Rebecca and Luke had a little boy named Levi on 2nd October and Georgia and Sam welcomed their little girl naming her Lola also on the 2nd October. We are thrilled for both families and wish them all the joy in the world as they bond, care and nurture themselves and their little bundles of joy.



To date, we have 51 new Reception students enrolled to join us in 2024. In the coming weeks, these new students will begin their transition to 'big' school, and we are excited to be welcoming them to the Catherine McAuley School community.

As we prepare to welcome new Receptions to our community, we are also guiding and supporting our Year 6 students as they prepare for their transition to high school. This is a time filled with excitement and nerves, but we are here to help.

A reminder of the high school transition dates:

School	Transition Date
St Columba College	Monday 27th November 2023

School	Transfer Date
St Joseph's More College	Friday 1st December 2023
Craigmore High	Thursday 7th December 2023
Xavier College	Monday 11th December 2023

In the hope of alleviating some issues that have arisen lately, we would like to take this opportunity to remind families that students should not be bringing personal toys, including trading and Pokémon cards, to school.

We are happy to be sharing with you that the fees for 2024 remain unchanged from 2023.

We understand that at times, some families may struggle to make regular payments on time and in these cases, the school is happy to discuss how we can best help. Families who are having financial difficulty in paying the school fees are asked to contact the School Business Manager, Mrs Anne Richards, to discuss their situation.



From The APRIM

Dear Catherine McAuley Families,

Our long-awaited Catherine McAuley Feast Day's '**Charities Stalls Day**' is back! After a long absence from our school calendar, due to Covid-19, it is now back!

Our Charities Stall Day is an event that raises money for Catholic Charities and is created and led by all students. Each class devises a stall to sell goods or provide a game activity experience and all proceeds is split between the following Catholic Charities: • Hutt St Centre • Aboriginal Catholic Ministry • Our Lady of La Vang & St Patrick's Special Schools and • Centacare Catholic Family Services. Catholic Charities represents a unique and vital part of a person's / family support system, and the funds enable each to operate successfully.

More information about these services can be found on the Catholic Archdiocese of Adelaide website: <https://adelaide.catholic.org.au/charity-and-giving/catholic-charities/who-we-help>.

On **Friday 10th November between 1.30-2.30** our school will be a hive of activity with an array of delights to try and buy. All families are welcome. If you are a registered volunteer and would like to assist in your child's class charity stall, please speak with your child's teacher. Thank you.

Of course, our Charities Stalls Day cannot happen without the assistance of all our families. Your child's teacher will inform you, via a SeeSaw message, of the donations their stall requires. If you can donate, we would be extremely grateful. Watch out for the message!

In the past, many families have asked about the recommended amount of money their child should be given to spend. Everything is priced accordingly, therefore, \$5 would be more than enough to spend on the day.

If you have any questions, please contact your child's class teacher, or come in and speak with me.



Charities Stalls

Friday 10th
November from
1.30pm

in the Courtyard

There will be a number of delights for you to try and buy. Come along and have some fun all in the name of CHARITY

On behalf of: **Hutt St Centre**
Aboriginal Catholic Ministry
Our Lady of La Vang &
St Patrick's Special Schools and
Centacare Catholic Family Services—
THANK YOU
Help make a difference today

Yours in Faith, Growth and Unity

Mrs. Caldinez

APRIM

The Southern Cross Online

Click [HERE](#) to view the Southern Cross Online

From The Year 4 Unit

The Year 4s had a very busy, but successful Term 3! We journeyed to Adelaide Oval to learn some behind the scenes information about life as an athlete before we began writing our own Information Reports. On the same day we were lucky enough to visit the Adelaide Central Markets and buy fresh produce to cook a delicious pasta later in the week. This allowed us to put our financial maths skills that we have been practising to the test.

We also got the opportunity to participate in our first Catherine McAuley Cup Run and then sit down to enjoy the Sports Expo. We had a blast during Book Week, dressing up as our favourite fictional characters and creating book reviews on this year's CBCA finalists! To finish the term, we participated in a week-long mathematics investigation using fractions and decimals knowledge to find the school donut thief.

After a well-earned break we have begun Term 4 excitedly preparing for the upcoming concert and using new Digital Technology. We have started reading our class novel *The BFG* and have begun preparing to write our own Book Review later in the term. In Science we have started exploring material things. We have also celebrated Mass at St Ann's Church. We're looking forward to Charities Day, Spirit of Christmas and enjoying our last term together before we begin Year 5!





CMS School Concert 2023

Our 2023 Concert: 'You Can't Stop the Music', is approaching very quickly! Students are excited to present their performances to you

on Wednesday 15th November.

Rehearsals at the Theatre:

There will be 2 rehearsal days leading up to the performance: Tuesday 14th and Wednesday 15th November. Students will attend Starplex Theatre on one or both of these days. Please see the timetable below:

Tuesday 14th November: All Year 6 students, concert singers (3-6) and concert dancers (1-6). Your class teacher will have advised if your child/children are involved in an extra performance as either a singer or dancer.

Please complete the permission below:

[Concert Rehearsal - Starplex Theatre - Tuesday 14th November 2023](#)

Wednesday 15th November: All students R-5 and selected Year 6 students as advised by class teacher as well as concert lead performers.

Please complete the permission below:

[Concert Rehearsal - Starplex Theatre - Wednesday 15th November 2023](#)

Our Concert will take place on Wednesday, 15th November at 6:30pm at Starplex Theatre, Gawler. Tickets are on sale via the QKR app.

We would like to introduce to you a couple of special characters that you will meet at our concert.



Abbey plays the character of *Toni Deaf*. Abbey would describe her character in one word LOUD. She enjoys playing the character as she gets to scream and scare people. She finds it challenging on stage as she is not able to laugh or smile. She is finding the experience really fun and loves being able to express herself.



Matilda plays the character of *Miss Carrie-Oakie*. Matilda would describe her character in one word as QUIRKY. She enjoys playing the character as she is a fun colourful and quirky and always gets her own way. The main challenge on stage is having to pretend to slap another character. Matilda is finding the experience really worth it and loves all the hard work Mrs Pollard puts in.

Wellbeing Dimensions

Hoping everyone had a great holiday and are ready to start a busy term 4.

My Daily Routine

MORNING, AFTERNOON & EVENING CHECKLISTS

I came across this article and I thought it maybe a helpful tool to use with your children at home.

It is a My Daily Routine which supports children to be organised for different parts of their day; morning, after school, and before bed.

Each classroom in our school has what is called a visual timetable, this provides predictability for a student's school day, this is used in a similar way to the My Daily Routines (attached).

Using visual timetables/schedules/routines provides children the opportunity to build on their independence. It can also help provide a necessary structure for some children to reduce stress and allows these children to better prepare and cope with transitions.

The attached can be used in many ways.

Click [HERE](#) to download

You can use the suggested templates attached or cut and order the way it suits your family

You can make your own to suit your family

You can use it as a check list

The blank routines could be laminated and you could use a whiteboard marker to write your routines on it. Hoping you find this helpful, and if you have questions please do not hesitate to pop in and ask.

Lee-anne Vandenberg

Defence News

Remembrance Day Assembly

On Friday 10th November Week 4, our campus will pause for Remembrance Day.

At 11:00am on the 11th of November 1918 a peace agreement was signed between Germany and the Allies, ending World War One.

Now that date every year is called Remembrance Day.

Remembrance Day is a day where we remember those that sacrificed their life so we could have peace, and remember those that have served and are still serving.

A Minute of Silence

Every year at 11am on the 11th day of the 11th month, nations around the globe fall silent for one minute to remember those who have served their country.

Red Poppies

The Flanders Poppy was one of the first plants to grow on the battlefields of France and Belgium. After WWI, silk poppies were sold on Armistice Day with proceeds going to a charity for the Returned Soldiers League (RSL).



Sporting Dimensions

2023 Catherine McAuley Cup Run / Sports Expo

Last term, we all enjoyed the annual Catherine McAuley Cup Run and Sports Expo. Blessed with fantastic weather, students participated in a morning full of activities and fun. It was great to see families join us for the morning and cheer on our Cup Runners and applaud students showcasing their skills during the Sports Expo. The Sports Expo was a wonderful display of students' physical abilities and talents. We are impressed more and more each year with the number of children participating in this part of the program.

The much-anticipated Catherine McAuley Cup Run was again a highlight with the Reception to Year 3 students cheering on the Years 4 to 6 runners as they finished the race. Congratulations to Max Johnson (Year 6 – John Coolock) and Indiahna Coplestone (Year 5 – Harley House) who were the first boy and girl runners to cross the finish line.

Below are the place winners for each House.

Girls				
Position	John Smith House	Harley House	Mercy House	John Coolock House
1st	Indyana Vorl-Ronald	Indiahna Coplestone	Charli Drury	Chloe Paoletti
2nd	Matilda Varelias	Ruby Enders	Imogen Niegut	Maya Newby
3rd	Indy Bromilow	Summah Zammit	Sienna Shelley	Maddison McKeown
Boys				
Position	John Smith House	Harley House	Mercy House	John Coolock House
1st	Jaxson Durdin	Maclean Ofori	Jaxx Shelley-Cotton	Max Johnson
2nd	Ashton York	Heath Hitchmough	Jason Moussa	Blake Elsmore
3rd	Mikah Bromilow	Dalton Binder	Emilio Pascual	Mitchell Craig

The overall team placings for the day were:

1st – John Coolock, 2nd - Harley, 3rd – John Smith, 4th – Mercy

Thank you to everyone involved for their support in providing a fun morning focussed on health, wellbeing and being active.

Great work everyone!





Playford District SAPSASA Representation

Congratulations to Jaxx Shelley-Cotton, Alessio Barilla, Max Johnson and Peyton Rennie who have been selected to represent the Playford SAPSASA District at the Cricket and Tennis State Championships later this term.

Jaxx and Alessio have been selected for the Playford SAPSASA District Cricket team to compete at the State Carnival from Tuesday 7th November to Thursday 9th November to be played in the Northeast metro area.

Max and Peyton have been selected for the Playford SAPSASA District Tennis team to compete at the State Carnival from Wednesday 16th to Friday 18th of November to be played at Playford City Tennis Centre.

Good Luck Everyone!!



National Driven Dressage Championships

Congratulations to Matilda who is now the Australian Champion in the National Driven Dressage Championships. Matilda has been riding horse and carriage for two years. This is her first year of competition as a 12 year old. Well done Matilda!



State Athletics Championships

Congratulations to Max Johnson, Chloe Paoletti and Maclean Ofori who represented the Playford SAPSASA District at the State Athletics Championships late last term. All three athletes represented the district in multiple events and should be very proud of their achievements on the day.

A special mention to Maclean who achieved 2 gold medals and a silver medal on the day and has been invited to nominate for the state team to attend the national championships in Launceston later this year.

Outstanding result and well done, Max, Chloe, and Maclean!

Fabian Chevalier

PE Teacher/Coordinator.



Community Dimensions

COME AND HAVE YOUR SAY!

The Assistant Minister for Autism, Emily Bourke and Lee Odenwalder will be hosting an Autistic and Autism community forum at the Playford Civic Centre at 6pm on Wednesday the 8th of November.

The forum will provide an opportunity to share knowledge and supports for your local community, as well as help the Malinauskas Labor Government continue to be a world leader in autism inclusion.

Reserve your place [here](https://ElizabethAutismForum.eventbrite.com.au):

**AUTISTIC
AND AUTISM
COMMUNITIES FORUM**

6pm Wednesday 8th November
Playford Civic Centre - 10 Playford Blvd, Elizabeth
RSVPS ESSENTIAL:
<https://ElizabethAutismForum.eventbrite.com.au>

Hon Emily Bourke MLC
Assistant Minister to the Premier
Assistant Minister for Autism

Lee Odenwalder MP
Member for Elizabeth

The Carly Ryan Foundation have kindly shared some information sheets about applications frequently used by the children in our school community. Please take time to read over the fact files that relate to your child to understand why the application is used, how to increase your child's safety while using the application and what to do should your child experience any bullying or harassment.



Instagram is a photo and video sharing app that has been an almost exclusively mobile platform. Once the user has either taken/selected a photo or video they can scroll through the editing filters and experiment with the best one for that particular image.

How does it work?

After the user has created an account they can follow other Instagram users and 'like' or 'comment' on their photos and videos. Instagram is owned by Facebook and accounts between the two can be linked to verify the users age and identity.

Instagram accounts are public by default, but can be set to 'private' if the user wishes. If an account is set to public then it opens it up for any other user on Instagram to view. If the account is set to 'private' then only the users that follow the account are able to view it. Setting an account to private allows the user to choose who follows them, which gives the user more control of who is able to view their content.

Instagram is being used by young people to share their lives with their friends. Some challenges around the use of Instagram are young people taking nude selfies and seeking attention and acceptance from strangers, bullying comments and the ability to access inappropriate photos and videos. It is important you know how to block and report inappropriate users on Instagram.

Privacy Settings

Account settings can be found by selecting the three dots on the right hand side of the top of your profile page, scroll down to 'Privacy and security' - 'Account privacy' then switch on the toggle 'Private Account'.

We would recommend turning off the location function for the camera on the users mobile device. By doing this, it ensures that the location of where the photo was taken isn't embedded in the image.

If location services are turned on for the camera then any one can drag and drop a photos geotag information into a Google search and locate exactly where the photo was taken. For most smart devices, this option can be toggled within their 'Settings' menu.

How do I block or report another user on Instagram?

To report a post:

Tap the three dots above the post
Tap Report and follow the on-screen instructions

To report a profile:

Tap the three dots at the top of the profile
Tap Report and follow the on-screen instructions

Like any social media Instagram can be a positive social activity that keeps kids connected to their friends. Just be mindful of screen time and be aware of who they are connecting with. We always encourage open conversations around privacy and personal safety.

App Fact Sheets available from the Carly Ryan Foundation. Please email: info@carlyryanfoundation.com

carlyryanfoundation.com

TheCarlyRyanFoundation @thecarlyryanfoundation @TeamCarlyCRF

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YouTube is free video sharing website and application that is owned by Google. The platform allows its users to upload, create and watch other users videos. With over 1 billion users it is one of the most popular platforms on the internet.

Anybody can access videos on YouTube, but in order to upload a video the user must create their own YouTube account. If a user sees inappropriate content they can 'flag' or report it if it violates YouTube's community guidelines. Many popular types of videos on YouTube are music videos, 'how to videos' and gaming videos.

YouTube Kids

With over 400 hours of content uploaded to YouTube every minute it is extremely difficult for Google to keep up with the monitoring of inappropriate content.

For users under the age of 13 we recommended using 'YouTube Kids'. YouTube kids is free to download and use. Users can have up to 8 profiles attached to the one account. Each profile can have it's own viewing preferences.

The platform has features like 'watch history', 'block channels' and filters to keep videos more 'child friendly'. Parents can also create timers for video use which can enable time restrictions on their children's screen time.

YouTube Red

YouTube Red is a monthly subscription service that removes advertisements from all videos on the platform. Users can also restrict the videos so that they're more limited with no 'suggested' videos that often occur after a video has been viewed.

More often than not the suggested videos are not suitable for younger people. This platform is especially ideal for teenagers. Videos can also be downloaded and watched at any time without an internet connection. This function is fantastic for family trips in cars and airplanes.

Privacy Settings on YouTube

Public Anyone is able to search and view the users videos.

Private Only people the user allows can search for and watch their videos.

Unlisted Only people that the user sends the link to can view their videos.

'Comments on users videos' is turned on as a default option, however this can be disabled. To do so, these are the steps to follow:

- Sign in to YouTube on a computer.
- Go to Creator Studio > Video Manager.
- Select the box next to any of the videos you want to manage.
- At the top of the screen, click the Actions menu.
- Select More actions > Comments.
- Select or unselect Do not allow comments.

How to make your account private

Click the 'Edit' button, and then choose 'Private' or 'Unlisted' from the 'Privacy Settings' drop-down menu.

If your YouTube account is linked to Google Plus and you set your video to private, you see a field into which you can enter the email addresses or profile names of people with whom you want to share your video.

How do I block another user on YouTube?

- Login to your YouTube account.
- Click on the name of the user you want to block. This will take you to their profile.
- Click the three dots on the top right of their profile
- In the drop down menu, you will be given the option to 'Block User'.

How do I report another user on YouTube?

- Login to your YouTube account.
- Click on the name of the user you want to report. This will take you to their profile.
- Click 'About' on their profile, then hit the flag button.
- In the drop down menu, select the option that best suits your issue.

App Fact Sheets available from the Carly Ryan Foundation. Please email: info@carlyryanfoundation.com

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Facebook is a social networking service where millions of people go to interact with others. Facebook has over one billion active users, more than half of them use Facebook on a mobile device. The user can create a personal profile with photos, lists of personal interests, contact information, and other personal information which is shared among their chosen friends.

Facebook users have the ability to interact with a wide range of individuals. Through Facebook's news feed, users have the ability to interact in public conversations with people who are not within their friends list.

How to make your Facebook profile private

Step 1

- 1 Click on the three parallel lines at the bottom right corner of the screen.
- 2 Scroll to the bottom and click the 'Settings & Privacy' tab and click 'Settings'.
- 3 Click on the Timeline and Tagging option. You can control everything with regards to who gets to post and tag on your Timeline and also who can see it. Go through all seven options and customise it for you. Activating Timeline review is also recommended. Once you've done this your Timeline will only be viewable to the people you choose to look at it.

Step 2

Go to the 'Privacy' tab in the settings page. Facebook offers you several different options so you can adjust exactly how private you want to be. Check your privacy settings regularly. Often when Facebook updates the settings may go back to public by default.

Other Privacy Settings

To manage your privacy on Facebook (on a computer), access the privacy settings by clicking on the downward facing arrow in the upper right-hand side of the page and select 'Settings'. In the left hand column, click on 'Privacy'.

To access these settings on a mobile device select the three lines on the bottom right of your screen. Scroll down to 'Settings & Privacy'. Here you can change a number of settings: Restricting who can see the users profile and timeline.

Under the 'Who can see my stuff?' section, users can manage who is able to access their timeline and profile. Next to 'Who can see your future posts?', click on 'Edit' to ensure that 'Friends' is selected.

How can I report a fake profile?

If you have a Facebook account and want to report someone that's pretending to be you or someone you know:

- Go to the profile of the impersonating account.
- Click on the cover photo and select Report.
- Follow the on-screen instructions for impersonation to file a report.

How do I block another user on Facebook?

- Click at the top right of any Facebook page.
- Click Privacy Shortcuts.
- Click 'How do I stop someone from bothering me?'
- Enter the name of the person you want to block and click Block.
- Select the specific person you want to block from the list that appears and click Block again.

App Fact Sheets available from the Carly Ryan Foundation. Please email: info@carlyryanfoundation.com

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